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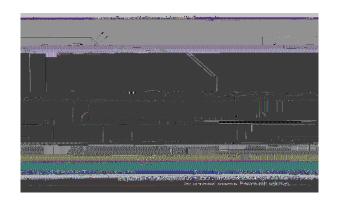
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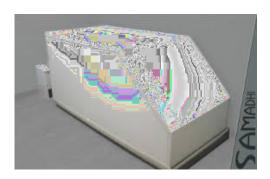
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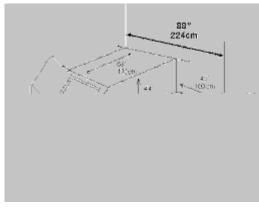
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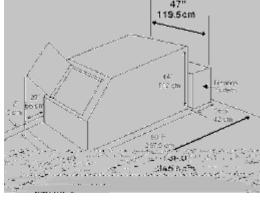
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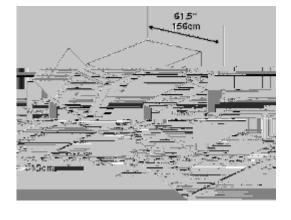
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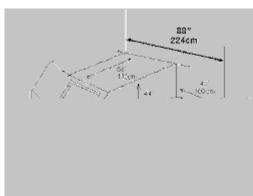


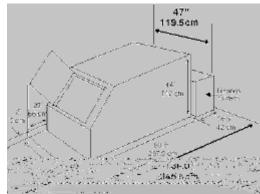




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Health Protection Unit 5<sup>th</sup> Floor, 408 Booth Drive Winnipeg MB Canada R3J 3R7 T 204-945-4204 F 204-948-3727 www.manitoba.ca

# Flotation Tank (Sensory Deprivation Tank) Checklist

#### **Facility Construction**

- ! Flooring is constructed of seamless, non-slip, smooth, impervious and durable material
- ! ))))Floor material is coved 10 cm (4 inches) up the wall and sealed.)
- ! Adequate drainage in the floor (with appropriate slope)
- ! All wall and ceiling surfaces are smooth, non-absorbent, non-porous, and easily cleanable.
- ! Ground fault circuit interrupters present for all electrical outlets.
- ! Janitorial sink in facility
- ! Adequate ventilation installed in accordance with the *Manitoba Building Code*.
- ! Showers equipped with liquid soap and shampoo for client use
- ! Washroom(s) provided equipped with toilet, hand sink with running hot and cold water, liquid hand soap, paper towels, and garbage bin.
- ! First Aid Kit containing articles listed in Schedule B of the Swimming Pools and Other Water Recreational Facilities Regulation (MR 132/97). Spine board not required for Flotation Tanks
- ! Readily accessible telephone
- ! Lighting system that will maintain, at any point on the deck and the pool water surface, an illumination of not less than 200 lx
- ! Instantaneous automatic emergency lighting source to facilitate prompt evacuation in case of a power outage.
- ! No smoking signs are displayed clearly
- ! Signs posted in a conspicuous location instructing clients to use washroom facilities and to take a shower with soap and shampoo prior to entering float tanks.

## **Float Tank Construction**

- ! All tank surfaces within the flotation tank basin are non-slip, easily cleanable, non-absorbent, non-porous, mould resistant material
- ! Stairs leading into and out of the float tank are non-slip and well marked
- ! Handrails are that are securely fastened and corrosion resistant are supplied for stairs that consist of 3 risers or more
- ! Stairs are non-slip and well marked
- ! Cross-connection control devices installed in accordance with Manitoba Plumbing Code.
- ! Tank shall be equipped with bottom drain, connected to the sanitary sewer through a backflow prevention device to allow complete draining for cleaning and disinfecting.
- ! Placement of tank inlet and outlet are located to provide effective circulation and skimming when the recirculation system is in operation.

- Emergency egress from float tank possible
- Sufficient clearance for emergency access (1.3 m arc from the point of entry)
   Automatic high temperature limit cut off switch that limits the maximum water temperature to 40°C that is not accessible to clients.

## **Water Chemistry**

- Water chemistry test kit(s) (i.e. pool test kits) onsite Type \_\_\_\_\_
- Thermometer(s) available
- ! Water tested frequently for the following:

! Free Chlorine Level (3 ppm – 5 ppm) ! )))Combined Chlorine Level (< 1.5 ppm))	))! )))Total Bromine Level (2 ppm – 6 ppm)
! pH Level (7.2 – 7.8))	
! Supplementary Disinfection Ty	e

## **Clientele Education**

- ! Safety Procedures
  - Emergency
  - How to enter and exit
  - Safety features
  - Safety measures
- ! Personal Hygiene
  - Requirement of the client to shower with soap and shampoo before (and after) the float session
  - Exclude clients who are ill, have any skin diseases, infectious respiratory diseases, epilepsy, asthma, under the influence of substance, or have cause for concern for use of equipment
- ! Other
  - Instructions on rinsing salt out of eyes

## **Documentation Kept Onsite (Reviewed by Staff Routinely)**

- ! Sanitation Plan
- ! Operational Guideline
- ! Protocol in place for handling fecal/urine incident
- ! Safety Procedures Emergency Response containing information including, but not limited to the information specified in Appendix C.1 of the

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