



G

rowing your own path.

It's time to get out there.

Our campus is situated on ancestral lands, on Treaty One Territory. These lands are the homeland of the Métis people. We acknowledge that our water is sourced from Shoal Lake 40 First Nation.

We are looking forward to having you join our campus community this fall. Whatever your major, your university experience will guide you to be the kind of decision-maker and leader our world needs. We have brilliant professors who will go above and beyond to help you achieve your goals.

We are committed to providing you with exceptional learning opportunities, networking, peer support, and mentorship. We provide many exciting hands-on learning opportunities, from research to co-op work placements, that will prepare you for a rewarding career and successful future.

Our advice to you is simple: approach the unknown with courage and curiosity. Step outside of your comfort zone and harness all the opportunities available to you. This is your time to stretch your mind and broaden your horizons. Consider joining a student group – there are many to choose from – and be open to opportunities for connecting, growing,



Sept 3	Lectures begin
Sept 3-16	Add/Drop Period for Fall and Fall/Winter Terms
Sept 16	Last day to drop Fall or Fall/Winter Term courses and receive full tuition refund
Sept 16	Opt-out deadline for the UWSA's health plan and U-Pass
Sept 19	Fall and Fall/Winter Term fees are due (see Sept. 16 for refund deadline)
Sept 30	National Day for Truth and Reconciliation - University closed
Oct 1	In-Course Awards, Scholarships, and Bursaries Fall Term application deadline
Oct 13-19	Fall Reading Week - no classes
Oct 14	Thanksgiving Day - University is closed
Nov 11	Remembrance Day - University is closed
Nov 13	Last day to withdraw from a Fall Term course (without academic penalty)
Dec 2	Last day of regular class schedule
Dec 3	Make-up day for National Day for Truth and Reconciliation - Monday schedule
Dec 4	Make-up day for Remembrance Day - Monday schedule
Dec 7-20	Fall Term exam period
Dec 23	Winter Break - University is closed through January 1, 2025
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Jan 2	University re-opens
Jan 6	Lectures begin for Winter Term
Jan 6-17	Add/Drop Period for Winter Term courses
Jan 17	Last day to drop a Winter Term course and receive a full tuition refund
Jan 17	Opt-out deadline for the UWSA's health plan
Jan 22	Winter Term fees are due (see Jan. 17 for refund deadline)
Feb 1	In-Course Awards, Scholarships, and Bursaries Winter Term application deadline
Feb 14	Last day to withdraw from Fall/Winter Term course (without academic penalty)
Feb 16-22	Winter Reading Week - no classes
Feb 17	Louis Riel Day - University closed
Feb 28	Access your 2024 T2202 tax form through WebAdvisor
Mar 11	Check your Webmail/WebAdvisor for registration date/time for Spring Term
Mar 14	Last day to withdraw from a Winter Term course (without academic penalty)
Apr 4	Last day of regular class schedule
Apr 9-23	Fall/Winter and Winter Term exam period
Apr 18	Good Friday - University closed
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May 5	Spring Term begins. Refer to the withdrawal schedule online for refund and voluntary withdrawal dates.
May 19	Victoria Day - University closed
May 22	Spring Term fees are due. (Refund deadlines may be prior to this date.)
June	Check your Webmail/WebAdvisor for registration date/time for 2025/2026

## F

### A

Use WebAdvisor's Student Planning module to map out your term-by-term degree timeline. Check your degree and major requirements and your progress towards graduation. Request a review of your plan from an Academic Advisor. View alternative degree programs in which you may be interested.

Optimize your success in courses by engaging in class discussions, creating study groups, reviewing your notes prior to class, and reading ahead to get your brain anticipating the next topic. Talk with your professors - they are real people who want to support your learning. The more you engage in your courses, the more you'll get out of them.

As best you can, take care of all aspects of your health and well-being (nutritionally, emotionally, psycho-spiritually, mentally, socially, fitness-wise, work-wise, etc.) You need to be healthy and energized to be productive and successful in your studies. Take time for yourself. Turn off your phone. Get some sleep. Spend time with people who care about you. Play intramurals, musical instruments or go to a meditation session. It is common to feel stressed and overwhelmed, so don't be afraid to ask for help! Keep in mind the list of support services available in this resource guide.

Living well is all about realizing balance between academics and your personal life. Get sunshine and fresh air. Go to the gym and the art gallery. Get involved in the student associations that nurture your greatest passions. Connect with your classmates - all new students want to meet other students. Be sure to book some downtime too. Cultivate a well-rounded campus life and enjoy!

### A

Experience University activities and events online and in other formats. Check out CKUW Campus Radio (95.9FM), The Uniter ([uniter.ca](http://uniter.ca)), The UWSA's student groups ([theuwsa.ca](http://theuwsa.ca)), Gallery 1C03 exhibits ([uwinnipeg.ca/art-gallery](http://uwinnipeg.ca/art-gallery)) and watch the University Events Calendar for upcoming events.





International Student Services (ISS) is a student services department that offers comprehensive support to international students at The University of Winnipeg. Acting as your dedicated starting point and ongoing support throughout your academic journey, ISS provides an extensive range of services, exciting events, and enriching workshops throughout the year.

## **A**

An airport reception service is provided to new international students arriving during the move-in dates at the start of an academic term.

Held at the start of each term (Fall, Winter and Spring), IWD provides important information on things like immigration policies, health insurance,

8th Floor of Rice Centre  
491 Portage Ave.

**Hours:** Monday – Friday  
8:30 a.m. – 4:30 p.m.

**Phone:** 204.786.9469

**Email:** [iss@uwinnipeg.ca](mailto:iss@uwinnipeg.ca)

You will be matched with an experienced student who can help you learn about university life. Sign-up is required.

Provides one-on-one free tutoring in a wide variety of subject areas. Contact ISS for more information.

A bi-weekly get together to practice conversational English in a friendly environment with fellow students.

Fun events and informational workshops are offered throughout the year.

**[uwinnipeg.ca/iss/events](http://uwinnipeg.ca/iss/events)**

A free service to help you complete your income tax return in Canada.

**[uwinnipeg.ca/iss/income-tax](http://uwinnipeg.ca/iss/income-tax)**

Provides confirmation of student status and registration. Request for a Certified Letter form and \$12 fee are required.

Located at 491 Portage Ave, the Student Lounge is a space for international, immigrant, and refugee students to hang out, study, have fun, and meet other students. It is equipped with couches, computers, a TV and DVD player, a fridge, and a microwave.



If you are an international student enrolled in a graduate program, check out the services offered to you through the Faculty of Graduate Studies!

Review the **Acceptance-to-Attendance Checklist** on the Graduate Studies website, which provides guidance on how to prepare for graduate school.

**Study Permits & Course Registration:** All registered international graduate students at The University of Winnipeg must present their original Study Permit to the Graduate Registrations Coordinator at [e.benson@uwinnipeg.ca](mailto:e.benson@uwinnipeg.ca). Registration will not be processed until this document has been submitted.

**Attend the Faculty of Graduate Studies Orientations:** Some of the policies and procedures that govern graduate students are different from those that govern undergraduate students. Attend the orientations provided by various units, but don't miss the orientation organized by the Faculty of Graduate Studies.

**Graduate Program Advisors:** Each graduate student, whether in a thesis-based, course-based, or practicum-based graduate program, is required to have a Graduate Program Advisor. If you are unsure of who your academic advisor is, consult your Graduate Program Committee Chair.

**FGS Professional Development Workshops:** Offered exclusively to graduate students during the academic year, these workshops provide tools that students can use immediately. Workshop categories include: professional skills, research skills, and Equity, Diversity and Inclusion (EDI).

**The Higher Education Teaching Certificate** is a part-time micro-credential designed for current graduate students or recent alumni preparing to teach in a university setting. The courses taken in the HETC program are listed on your transcript.

**Graduate Student Funding and Scholarships:** There are many ways to fund your education as an international student. For more information, please visit the Funding Overview on the Graduate Studies website.

**Stay in touch:**

Graduate Studies

[gradstudies@uwinnipeg.ca](mailto:gradstudies@uwinnipeg.ca)

[uwinnipeg.ca/graduate-studies](http://uwinnipeg.ca/graduate-studies)

Visit our website to sign up for the newsletter and view the Events calendar.

# L, M, N, O, P, Q, R, S, T, U, V, W, X, Y, Z

**830,000+**

people call Winnipeg home

# E & F



Culture shock – a feeling of discomfort, depression, loneliness, and/or frustration that comes from engaging with another culture – affects each of us in different ways. Here are some of the ways that culture shock may impact you:

- › You become tired of trying to communicate with people who don't understand your language, customs, or mannerisms.
- › You begin to miss friends and family at home.
- › You are finding it hard to get used to new food, climate, transportation, etc.
- › You withdraw from others.
- › You feel bored or tired all of the time.
- › You are overeating/under-eating or drinking too much.
- › You are becoming physically ill or homesick.

Here are some tips to help with the transition:

Attend Orientation and events organized by ISS or other university groups. Join student groups and participate in events off-campus.



Eat healthy food, get regular sleep, and exercise.



Talk to a ISS staff member or get paired with a mentor. Talk to your professor if you are struggling in class.



You may also wish to hold on to practices, beliefs, or traditions from your culture or religion that are meaningful to you by getting involved with a student group, cultural association in Manitoba, or a religious group.



If you are feeling depressed or lonely, or if you just need to talk with someone, make an appointment with one of the counselors at the Student Wellness Centre.



"Going for coffee" means going to a restaurant or coffee shop to talk. You do not have to drink coffee if you do not want to.

- › On-campus security and/or police can be contacted in case of an emergency. Campus security can be contacted by calling 204.786.6666. The emergency number to dial for fire/police is 911.
- › The legal drinking age in Manitoba is 18. When you buy alcohol, you will probably be asked for a piece of identification such as a driver's license, passport, or a Manitoba Identification Card.
- › It is illegal to buy, sell, or use drugs such as heroin, crystal methamphetamine, ecstasy, and cocaine.
- › The Human Rights Code prohibits discrimination (preferential treatment for one group of people over another) based on race, skin colour, creed, religion, sex, sexual orientation, gender identity, marital status, physical disability, age, nationality/ancestry, or place of origin. This includes racist, sexist and/or homophobic comments or jokes.
- › You must wear a seatbelt whenever you drive or ride in a vehicle. It is illegal and a serious offense to drive under the influence of alcohol or drugs.
- › Soliciting prostitutes is a criminal offense. Having sex with a minor (under 18) is also illegal.
- › It is illegal to assault or abuse anyone.
- › Rape (having sex with someone without her/his consent), sexual assault (having sexual contact with someone without her/his consent), and sexual harassment (making unwelcome sexual comments or advances) are illegal, and are taken very seriously by the University, employers, police, and the justice system. Always remember that you should receive a clear "yes" from your partner before engaging in any sexual activities.

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## Winnipeg's Four Seasons

Winnipeg has four distinct seasons: winter, spring, summer, and fall. Average temperatures in Winnipeg range from -12 degrees Celsius in winter to +26 degrees Celsius in summer, but our weather can be as cold as -35 degrees Celsius (and sometimes colder) and as hot as +35 degrees Celsius (and sometimes warmer).

Here are a few tips for surviving Winnipeg's winter:

### Fun Winter Activities

There are lots of fun winter activities to enjoy such as skating, tobogganing, skiing, snow shoeing, walking, curling, and hockey.

### Winnipeg's Winter

It helps if you have an outer layer that is wind resistant. Buy a pair of thermal/long underwear to wear underneath your regular clothes on very cold days or if you are planning to walk outside. Wear a hat, mittens/insulated gloves, a scarf, insulated footwear (boots), a parka (winter jacket), and snow/wind proof pants (optional).

### Winnipeg's Winter

This helps to avoid getting frostbite/frostnip on your skin and keeps you warmer. A scarf, hat, and mittens are helpful for this purpose.

### Winnipeg's Winter

Because of windchill, it will feel colder if you are exposed to the wind.



low +2 / high +12

low +15 / high +30

low +1 / high +10

low -30 / high -10

Winnipeg Transit is the city's public transportation system that helps you get around conveniently. You can catch buses at designated stops throughout the city, and they follow specific routes with regular schedules. Just check the route maps and schedules online or at bus stops, pay your fare (cash or pass), and hop on to explore the city easily. You can visit Winnipeg Transit at [winnipegtransit.com](http://winnipegtransit.com).

Winnipeg is a great place to cycle during the warmer months of the year. Visit the UWSA Bike Lab on campus to find out how to fix bikes, build bikes, and get cycling in Winnipeg. The bike lab is located west of Wesley Hall or you can visit [theuwsa.ca/uwsa-bike-lab](http://theuwsa.ca/uwsa-bike-lab).

Because the university is located downtown, many attractions, parks, restaurants, and shops are within easy walking distance. Ask your mentor or an ISS staff member if you need a map or help finding where to go.

It is the responsibility of every student planning to drive in Manitoba to know the laws and practices of the Government of Manitoba. Contact Manitoba Public Insurance for more information: [mpi.mb.ca](http://mpi.mb.ca).

In some locations, you will be able to hail a taxi, but usually you will need to call one of the taxicab companies and request a cab pick-up for a specific location. Taxi fees are set and based on the distance you travel. A small gratuity is usually expected.

## B

To open a bank account in Canada, you can set up an appointment at any one of the many banks located close to campus. You can ask your mentor to help you go to the bank to set up an account.

Generally, you will need the following documents to set up a bank account: **passport, study permit, student card, and proof of address** (i.e. Health card, letter from Housing Office/lease).



**A**  
Most students require a valid Temporary Resident Visa or Electronic Travel Authorization (eTA) in order to enter or re-enter Canada.



## Academic and Career Services

Academic and Career Services provides academic information about degree requirements, assists with course selection and the registration process, and supports students with problem solving, academic appeals, student success strategies, and referrals to additional services. Career services for UWinnipeg students and alumni include career planning, job search strategies, feedback on resumes and cover letters, interview skills and preparation, as well as an annual Career Fair.

Student Services Centre (1st floor, Rice Centre)

204.779.8946

Academic Advisors

[advising@uwinnipeg.ca](mailto:advising@uwinnipeg.ca)

Career Advisors

[careers@uwinnipeg.ca](mailto:careers@uwinnipeg.ca)

Student Success Advisors

[studentsuccess@uwinnipeg.ca](mailto:studentsuccess@uwinnipeg.ca)

[uwinnipeg.ca/academic-advising](http://uwinnipeg.ca/academic-advising)

[uwinnipeg.ca/career-services](http://uwinnipeg.ca/career-services)

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23

Time



Adult Learner Services/RPL assists with the application process and planning a program of study, as well as analysis of previous education and work experience to determine if students can obtain credit for prior learning.

Student Services Centre (1st floor, Rice Centre)  
204.779.8946  
adultlearners@uwinnipeg.ca  
[uwinnipeg.ca/adult-learner-services](http://uwinnipeg.ca/adult-learner-services)



The Awards and Financial Aid Office supports the access and excellence mandate of The University of Winnipeg through a comprehensive program of scholarships, awards, prizes, and bursaries. Check the website for the online application process and deadlines throughout the year.

2RI06 (2nd floor, Rice Centre)  
204.786.9459  
awards@uwinnipeg.ca  
[uwinnipeg.ca/awards](http://uwinnipeg.ca/awards)

The University of Winnipeg Bookstore meets all of your academic needs and helps you stay on budget by offering digital, rental, and used books, as well as price matching. All the textbooks and materials needed for courses can be found on the Bookstore's website. Enter your course and section number(s) and your required texts will be listed. Order online for delivery or in-store pickup. Shop for your course materials, clothing, supplies, and dorm needs.

1-471 Portage Ave (1st floor, The AnX)  
204.258.2909  
universityofwinnipeg@bkstr.com  
[uwinnipegstore.ca](http://uwinnipegstore.ca)

If you are not sure where to find student-related information on the University's website, go to [uwinnipeg.ca](http://uwinnipeg.ca) and in the upper, left-hand corner, you will see a link called "Current Students". Click on that link to find a comprehensive listing of resources for students.

 Campus Living offers a variety of housing and meal plan options for students who are living on their own, married, or with families. Living in residence connects you to the heart of student life on campus and the convenience of being minutes away from class.

Student Services Centre (1st floor, Rice Centre)  
204.779.UWIN (8946) or 1.800.956.1824 (toll-free)  
housing@uwinnipeg.ca

**[uwinnipeg.ca/campus-living](http://uwinnipeg.ca/campus-living)**

   Sustainability at UWinnipeg is a collaborative effort between students, faculty, and staff to make the University more environmentally and socially responsible in its physical operations, its governance, and its academic life. The Campus Sustainability Office works to improve our carbon footprint, indoor air quality, water conservation, alternative transportation options, waste reduction, and more.

3RC069 (3rd floor, Richardson College for the Environment and Science Complex)  
204.988.7618  
sustainability@uwinnipeg.ca

During an emergency on campus such as a health pandemic, power outage, blizzard, campus closure, fire, or threat of any kind, instructions will be posted on social media and the UW Safe app. Follow @UWinnipeg on Facebook, Twitter, Instagram, and check [uwinnipeg.ca](http://uwinnipeg.ca) and download the UW Safe app. Familiarize yourself with emergency procedures on the website.

Fire, Police, and Ambulance – 911  
Security Services – 204.786.6666  
[uwinnipeg.ca/emergency-guidelines](http://uwinnipeg.ca/emergency-guidelines)

The Library offers a wide variety of academic resources in online, multimedia, and print formats. Research help is available at the reference desk or get quick answers to most questions using the online chat.

4th Floor, Centennial Hall  
Reference Desk  
[reference@uwinnipeg.ca](mailto:reference@uwinnipeg.ca)  
[library.uwinnipeg.ca](http://library.uwinnipeg.ca)

The Mentor Program links students with experienced students who provide information, connections, and support with transition to university. The Mentor Program is available to all first time, domestic, international, and refugee students. Upper-level students are encouraged to become a mentor.

491 Portage Ave (8th Floor, Rice Centre)  
204.786.9469  
[iss@uwinnipeg.ca](mailto:iss@uwinnipeg.ca)  
[uwinnipeg.ca/mentor](http://uwinnipeg.ca/mentor)

Student Central offers many services including providing answers to questions about fees/payments, student ID cards, WebAdvisor assistance, confirmation of enrolment letters, as well as processing major declarations, transcripts orders, and more. Use the myVisit app to enqueue for drop-in sessions.

Student Services Centre (1st floor, Rice Centre)  
204.779.UWIN (8946) or 1.800.956.1824 (toll-free)  
studentcentral@uwinnipeg.ca

**[uwinnipeg.ca/student-central](http://uwinnipeg.ca/student-central)**

The International Admissions Office coordinates exchange programs with numerous universities around the world. This gives students the opportunity to study abroad while retaining UWinnipeg student status. Check out the website for current information.

2Ri40 (2nd floor, Rice Centre)  
204.258.2949  
exchange@uwinnipeg.ca

**[uwinnipeg.ca/study-abroad](http://uwinnipeg.ca/study-abroad)**

In weekly sessions, Student Services staff share some valuable strategies and tips to help you succeed at UWinnipeg. Check the website for topics and to register.

[uwinnipeg.ca/webinar-wednesdays](http://uwinnipeg.ca/webinar-wednesdays)

Go and cheer on the University men's and women's Wesmen volleyball and basketball teams when they take on other universities from around Canada. Students get free tickets and games are a great place to show your school spirit, make friends, and enjoy a fun night out!

David A. Anderson Gymnasium (1st floor, Duckworth Centre)

[wesmen.ca](http://wesmen.ca)

If you have a question, ask it! If you don't know who to ask, start with International Student Services and we will either be able to answer the question or refer you to someone who can help. There is a lot to know about how things work at UWinnipeg, and we are here to help you navigate your educational needs and make it the best experience possible!

## A

Established in 1972, The University of Winnipeg Students' Association (UWSA) represents students at The University of Winnipeg. They provide advocacy, services, and support to UWinnipeg students. For more information on student rights and governance, visit [theuwsa.ca](http://theuwsa.ca) or follow @theuwsa on social media.

## A

The UWSA's academic advocacy ensures that students are treated with respect and dignity and that the appropriate policies are followed. Your Vice-President

The BIPOC Lounge is a dedicated space for Black, Indigenous, and People of Colour to gather and find community. It is a place for students to learn and heal through their understandings and experiences as a BIPOC. It is a library, study, and hang-out space.

Concourse Level, Bulman Student Centre  
204.786.9781  
bipoclounge@theuwsa.ca  
**theuwsa.ca/bipoc-lounge**

The volunteer-driven UWSA Foodbank offers food assistance to students and community members on Friday afternoons. To register, contact Harvest Manitoba. To volunteer, see UWSA website.

Concourse Level, Bulman Student Centre  
foodbank@theuwsa.ca  
**theuwsa.ca/foodbank**

204.982.3660

The UWSA's Info Booth answers general questions, sells Peggo cards, offers printing services, approves posters, and sells lab materials such as lab coats or manuals. You can pick up your U-Pass at the Info Booth once you have your student card. The Info Booth is a full-service Canada Post Outlet.

1C19 (first floor, Centennial Hall)  
204.786.9787  
info booth@theuwsa.ca  
**theuwsa.ca/info booth**



**H****I**

All International students with a valid Study Permit issued by Immigration, Refugee and Citizenship Canada (IRCC) for more than six months will be automatically charged for Manitoba Blue Cross (MBC) coverage. This plan covers hospitalization, emergency care, physician appointments, X-rays, lab testing, and a number of other health services. Students who have other health coverage will still be required to purchase the health insurance plan provided by the University. The existing plan may be used to supplement the university plan.

Please contact International Student Services at [iss@uwinnipeg.ca](mailto:iss@uwinnipeg.ca) if you have any questions regarding international health insurance coverage.

**A**

The UWSA Health Plan is an extended healthcare plan provided through Blue Cross. All international students on study terms longer than six months are automatically enrolled in the plan. For more information about your health plan number, benefits, opt-outs, opt-ins, and opt-changes, please visit the UWSA website or email.

1C19 (1st floor, Centennial Hall)

431.374.6801

[health@theuwsa.ca](mailto:health@theuwsa.ca)

[theuwsa.ca/healthplan](http://theuwsa.ca/healthplan)



If you are a visiting or exchange student, you will be charged guard.me basic and extended health coverage. This coverage is mandatory for all short-term students studying at The University of Winnipeg. Students will not be able to opt out. Undergraduate students will be notified of charges and receive their health card from ISS. For more information, contact ISS.

# H &

## A

The Athletic Therapy Centre offers athletic therapy and massage therapy services to all students. Athletic therapists are experts in injuries to muscles, bones, ligaments, tendons, and joints, and offer assessment and individualized rehabilitation for a wide variety of injuries. Some insurance plans, including the UWSA Green Shield health plan, provide coverage for athletic therapy and massage therapy appointments.

0D50 (Lower level, Duckworth Centre)

204.786.9250

[athletictherapy@uwinnipeg.ca](mailto:athletictherapy@uwinnipeg.ca)

[uwinnipeg.ca/athletic-therapy-centre](http://uwinnipeg.ca/athletic-therapy-centre)

Facilities include a gym, weight room, cardio equipment, squash/racquetball/handball courts, and saunas. Fitness classes are tailored to all skill levels. Go to the front desk of the fitness centre to activate your membership once you have received your student ID card.

1st floor, Duckworth Centre

204.786.9349

[duckworth@uwinnipeg.ca](mailto:duckworth@uwinnipeg.ca)

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The University of Winnipeg has a Respectful Working and Learning Environment Policy. This means that all members of the University, including faculty, staff, and students, are expected to maintain an environment that is free of discrimination and harassment. If you feel you have encountered any type of discrimination or harassment, please call the Human Rights and Diversity Office's confidential voice mailbox.

5R157 (5th floor, Rice Centre)  
204.786.9161  
hrdo@uwinnipeg.ca  
[uwinnipeg.ca/respect](https://uwinnipeg.ca/respect)

Klinic provides free and confidential health services, including medical appointments and examinations, health information, birth control information, unplanned pregnancy counselling, and referrals to other services.

1D24 (1st floor, Duckworth Centre)  
klinic.mb.ca  
204.779.8946

The RecPlex houses a four-lane, 60-metre sprint track, a community gym, retractable batting cages, the Thomas Sill Community Multi-Purpose Room, a large, artificial turf field, and an underground parkade. Attend drop-in intramurals and community programs like yoga and soccer leagues. Visit in person or online for the schedule.

350 Spence Street  
204.988.7634  
[recreationservices.uwinnipeg.ca](https://recreationservices.uwinnipeg.ca)

Security Services provides a safe, secure learning, living, and working environment for University students, faculty, staff, and visitors. Services such as SafeWalk and SafeRide are offered during Fall and Winter Terms to escort students to their

During an emergency on campus such as a health pandemic, power outage, blizzard, campus closure, fire, or threat of any kind, instructions will be posted on social media and the UW Safe app. Follow @UWinnipeg on Facebook, Twitter, Instagram; check [uwinnipeg.ca](https://www.uwinnipeg.ca); and download the UW Safe app. Familiarize yourself with emergency procedures on the website.

Fire, Police, and Ambulance 911  
Security Services 204.786.6666

[uwinnipeg.ca/emergency-guidelines](https://www.uwinnipeg.ca/emergency-guidelines)

The University of Winnipeg's Sexual Violence Response Team (SVRT) coordinates services for students who have experienced or are impacted by sexual violence. The SVRT will work with students to provide information about options and connect them with a range of services, including counselling, support groups, and advocacy services.

## Awards for International Students

The University of Winnipeg offers a variety of entrance scholarships for new international students, as well as in-course scholarships and awards during each year of study.

### International Entrance Award

Awarded to international students entering studies at the University of Winnipeg following graduation from a high-school outside of Canada. Value range: \$1000-\$3000 CAD.

### Advanced Placement Program National Scholar Award

Awarded to students admitted to The University of Winnipeg as an Advanced Placement Program National Scholar, following completion of the International Baccalaureate Diploma, or students who are admitted to The University of Winnipeg directly from high school and choose to transfer Advanced Placement or International Baccalaureate examination results as credit towards their undergraduate studies. Value range: \$150-\$2250 CAD

### International Entrance Award

Awarded to international students admitted to any program at the university by the scholarship deadline. Value range: \$3500-\$5000 CAD

For more information and application forms, go to Awards homepage- [www.uwinnipeg.ca/awards](http://www.uwinnipeg.ca/awards), select "Apply for Awards" then "Entrance Awards"



## MANITOBAN

- › What can you afford each month?
- › Utilities might be separate or included. Find out what is included in the rent.
- › What area do you want to live in? Are there bus routes to the UWinnipeg campus?
- › Is there air conditioning, and which appliances are included?

- › The Manitoba Residential Tenancies Branch recommends that you walk through the rental unit with the landlord before you sign the lease, to fill out the initial condition report.
- › The condition report will be used when you move out, to determine if the unit is in the same or worse condition at that time. Anything that has been damaged but is not included in the initial condition report may be taken from your damage deposit.
- › Do not sign a lease unless you are sure you want the unit. If you change your mind, you might lose your deposit or face additional fees.

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- › See the unit (inside and out) before signing a lease.
- › If someone is subletting a unit, never sign the lease documents or send any deposit money to the tenant who is subletting. The deposit and other forms should be sent directly to the landlord or management company.
- › Try to avoid renting from an individual. Renting in a building that is professionally managed by a reputable company presents fewer risks to tenants.

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- › Make sure you always pay your rent on time. You cannot withhold rent if you have a disagreement with the landlord, or you will potentially face eviction.
  - › Do not disturb other renters (for example: loud parties or fights).
  - › Do not let other people live in your unit for extended periods of time unless they are on the lease agreement.
  - › Follow the rules outlined in your tenancy agreement provided by the landlord.
- 
- › Before renting, visit [gov.mb.ca/cca/rtb](http://gov.mb.ca/cca/rtb) to understand your rights and obligations as a renter in Manitoba.

For more tips and resources on renting, including links to search for rentals in Winnipeg, please visit our Renting in Manitoba page at:

[www.uwinnipeg.ca/iss/information-for-all-students/renting-in-manitoba](http://www.uwinnipeg.ca/iss/information-for-all-students/renting-in-manitoba)



Manage your time with MyVisit! You can add yourself to the queue for drop-in services with Student Central, Campus Living, and Academic and Career Services



The Recreation Services Member App enables students, faculty, and staff to conveniently access information and services related to the University's Recreation Services. Users can sign up for various

The Remote Learning Hub provides advice, resources, and tips to help students navigate online courses and succeed in their studies at UWinnipeg.

[uwinnipeg.ca/remote-hub](http://uwinnipeg.ca/remote-hub)

The Technology Service Desk offers advice and support on student-related technology questions.

4C32B (4th floor, Centennial Hall)  
204.786.9149  
[servicedesk@uwinnipeg.ca](mailto:servicedesk@uwinnipeg.ca)  
[uwinnipeg.ca/tech-sector](http://uwinnipeg.ca/tech-sector)

Use WebAdvisor to register for courses, update your personal contact information, access your T2202 tax forms, and check your (unofficial) transcript. To change your address (or phone number or email), log in to WebAdvisor, click on your username, select "User Profile", and then click on the pencil icon to edit the applicable information. If you forget your WebAdvisor username or password, select "Username" or "Password" on the sign-in page and follow the prompts.

204.779.8946  
[registration@uwinnipeg.ca](mailto:registration@uwinnipeg.ca)  
[uwinnipeg.ca/webadvisor](http://uwinnipeg.ca/webadvisor)

Check your University webmail account regularly; it's your WebAdvisor username @webmail.uwinnipeg.ca with your WebAdvisor password. This is how the University will notify you about important information such as fees owing, openings on waitlists, new sections/labs, cancellations or other changes to courses. Use your webmail account for all correspondence with your professors and other University staff.

[outlook.office.com](http://outlook.office.com)

To log in to the eduroam wireless network, use your UWinnipeg webmail address and password. See set-up instructions: [uwinnipeg.ca/wireless](http://uwinnipeg.ca/wireless)



Are you on a waitlist? Remember to check your University webmail every day for permission to register. Emails are sent out if a seat becomes available, but you have a limited time in which to register off of the waitlist once you are sent the notification.





The University of Winnipeg upholds principles of academic integrity and seeks to ensure that students do not commit acts of academic misconduct. We strive to maintain an environment in which academic integrity is understood and valued and serves as the basis for student learning. It doesn't matter whether you're in a chemistry lab, working on an English essay in the library, or working online with a group to complete an assignment, academic integrity is important in all academic departments and methods of learning.

**Academic misconduct includes, but is not limited to, plagiarism and cheating.**

### **A** Academic Misconduct

- › Not giving recognition to the author for phrases, sentences, thoughts, or arguments incorporated into student work
- › Not using quotation marks or referencing appropriately
- › Submitting the same work for evaluation to more than one course without the consent of each instructor to do so
- › Two or more students submitting identical or virtually identical work for evaluation when the work was intended to be completed individually

### **A** Academic Misconduct

- › Copying another person's answer
- › Communicating with others at a test/exam with the purpose of obtaining, exchanging, or imparting information related to the test
- › Consulting with unauthorized sources to obtain assistance, including, but not limited to, written, digital, and/or other aids not approved by the instructor
- › Obtaining a copy of the exam or test or questions from the exam or test before they are officially available
- › Purchasing essays, or other assignments in whole or in part, and submitting these works for evaluation as one's own

We expect appropriate student conduct and, when necessary, we identify and discipline student academic misconduct as it infringes on the culture of academic integrity upon which the University is built.

The University of Winnipeg takes academic misconduct seriously and has tools and policies ensuring that academic integrity is maintained throughout the institution. Consequences for academic misconduct may include loss of marks on an assignment/test/exam and/or loss of marks in a course,

- 
- › Don't wait until the last minute to complete assignments
  - › Properly cite your sources
  - › Express original ideas and opinions
  - › Speak with your professors regarding expectations and requirements
  - › Know University policies and regulations (Academic Calendar, Regulations & Policies, 8a.)
  - › Document your resources during the research and writing

## | B.Sc. Biology

## 📍 Chandigarh, India

"My time at The University of Winnipeg has truly been amazing! I can't help but feel like a cell about to undergo mitosis—split between excitement for the future and nostalgia for the past. I immersed myself in a rich academic environment while actively engaging in extracurricular activities throughout my time here. Whether I was mentoring international students, pumping up the gym as a Facilities Attendant, or spreading cultural cheer as an ELP Social Cultural Monitor, there was never a dull moment. I also became a campus guide for future students as a Student Ambassador and took on the role of vice president in the University of Winnipeg Biology Association to open up more opportunities in the department. The opportunities didn't stop there—thanks to amazing events like career fairs and postgraduate seminars, I got to mingle with future employers, unearth exciting career paths, and map out my biology-fueled dreams. Thanks to the University my three-year journey has been filled with growth, opportunities, and unforgettable memories."

## | B.Sc. Mathematics

## 📍 Ahmedabad, Bharat

"When I think back on my academic career, I think this university's strongest aspect is its renowned professors. Considering my initial unease with the Canadian educational system and my field of study, the instructors here have always been incredibly helpful whenever I have asked for advice, especially with choosing courses. This university is unique in that it allows students to work closely with faculty members—a benefit that is not typically available at universities that frequently have strict requirements. Furthermore, the university's dedication to organizing a wide range of events all through the academic year is remarkable because it helps students—particularly those who are physically separated from their families to study."

## | B.Sc. Computer Science

## 📍 Gandhinagar, Gujarat, India

"I have found The University of Winnipeg to be incredibly supportive during my Applied Computer Science program with a minor in Statistics. The staff, including professors, office assistants, and the International Student Services department, have been immensely helpful. Professors' office hours provided additional academic support, while events organized by the International Student Services made festivals feel like home. The guidance from academic advisors was invaluable for course selection, a new and beneficial experience for me. The university's various clubs and events, organized by student associations, offered opportunities to learn about different cultures and meet diverse people, enriching my overall university experience."

| B.A. Theatre and Film - Filmmaking

📍 India

"My three years at The University of Winnipeg were transformative. Despite initial challenges like harsh weather, I found immense joy and fulfillment in pursuing a Bachelor's in Theatre and Film. Guided by esteemed educators like Professor Milos Mitrovic, I delved into making short films, networking with industry professionals, and contributing to numerous projects. Transitioning into a mentor role at International Student Services expanded my involvement, while connecting with in-field advisers such as Markus Henkel, Quan Luong and Nathalie Massaroni, led to employment at Farpoint Films. The ultimate lesson I learnt was, the desire to learn from peers is invaluable. I'd recommend UWinnipeg is an excellent starting point for a career in filmmaking."

| B.Sc. Computer Science

📍

**A** English Language Program (ELP)

**AN** Balmoral Rapid Transit Hub  
Brandon University  
Psychiatric Nursing  
Campus Store  
Annabelle and Herb Mays  
Education Commons  
Professional, Applied and  
Continuing Education  
(PACE) Classrooms

**A**

**A**

**B** Canada's History Society  
Carl Ridd Sanctuary  
H. Sanford Riley Centre  
for Canadian History  
Manitoba Conservatory  
of Music and Arts  
Oral History Centre  
Parking Services  
Printing Services

**BC** Faculty of Business and Economics  
Plug In Institute of  
Contemporary Art  
Professional, Applied and  
Continuing Education (PACE)  
Stella's Café and Bakery

**BL**

**C** Centre for Forest  
Interdisciplinary Research  
Centre for Research in Young  
People's Texts and Cultures  
(CRYTC)  
CKUW Campus Radio Station  
Eckhardt-Gramatté Hall  
English Language Program (ELP)  
Registration Office  
Faculty of Arts  
Gallery 1C03  
Library  
Map Library  
Security Office/Information  
/Lost and Found  
Sprout  
Technology Solutions Centre  
Uplink/TSC Service Desk  
UWSA Info Booth

**D** Athletic Therapy Clinic  
Bill Wedlake Fitness Centre  
Concessions  
Dr. David F. Anderson Gymnasium  
Gupta Faculty of Kinesiology  
and Applied Health  
Manitoba Basketball Hall of Fame  
Wellness Centre  
Student Counselling Services  
Klinic Health Services

**DC**

**D**

**E**

Access Education  
Wii Chiiwaakanak Learning Centre

**G**

Faculty of Education  
Tutoring Centre

**L**

Aboriginal Student  
Services Centre (ASSC)  
dash Café  
UWSA HIVE

**LD**

Tony's Canteen

**LG**

**M**

**H** Accessibility Services  
Deaf and Hard of  
Hearing Services

**MF**

**M**

Global College  
United Centre for  
Theological Studies

**O**

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