‡ 7KH 6WXG\ &

‡ 3DUWLFLSDW

‡ 3UHVHQWDWL

‡ 1RW7HDNLQJ

7KH 6WXG\ &\FOH

7KH 6WXG\ &\FOH

Attend & actively listen

Review notes

Study

information you can not automatically recall.

Check in

gauge understanding & modify study strategy

Preview

readings & notes

Image from https://miamioh.instructure.com/courses/62085/pages/reviewing-notes-after-class

https://edu.gcfglobal.org/en/learning-tips/the-study-cycle/1/

3DUWLFLSDWLRQ :K\"

Image from https://www.cambridgenetwork.com/blog/school-blog/4-ways-to-increase-your-international-students-class-participation/

3UHSDULQJ WR 3DUWLFLSDWH

3DUWLFLSDWLQJ 2QOLQH

Image from https://www.adweek.com/performance-marketing/pinterest-tests-class-communities-feature-to-enable-pinners-to-sign-up-for-zoom

(IIHFWLYH 3UHVHQ

3XEOLF 6SHDNLQJ RU)OLJKW 5HVS

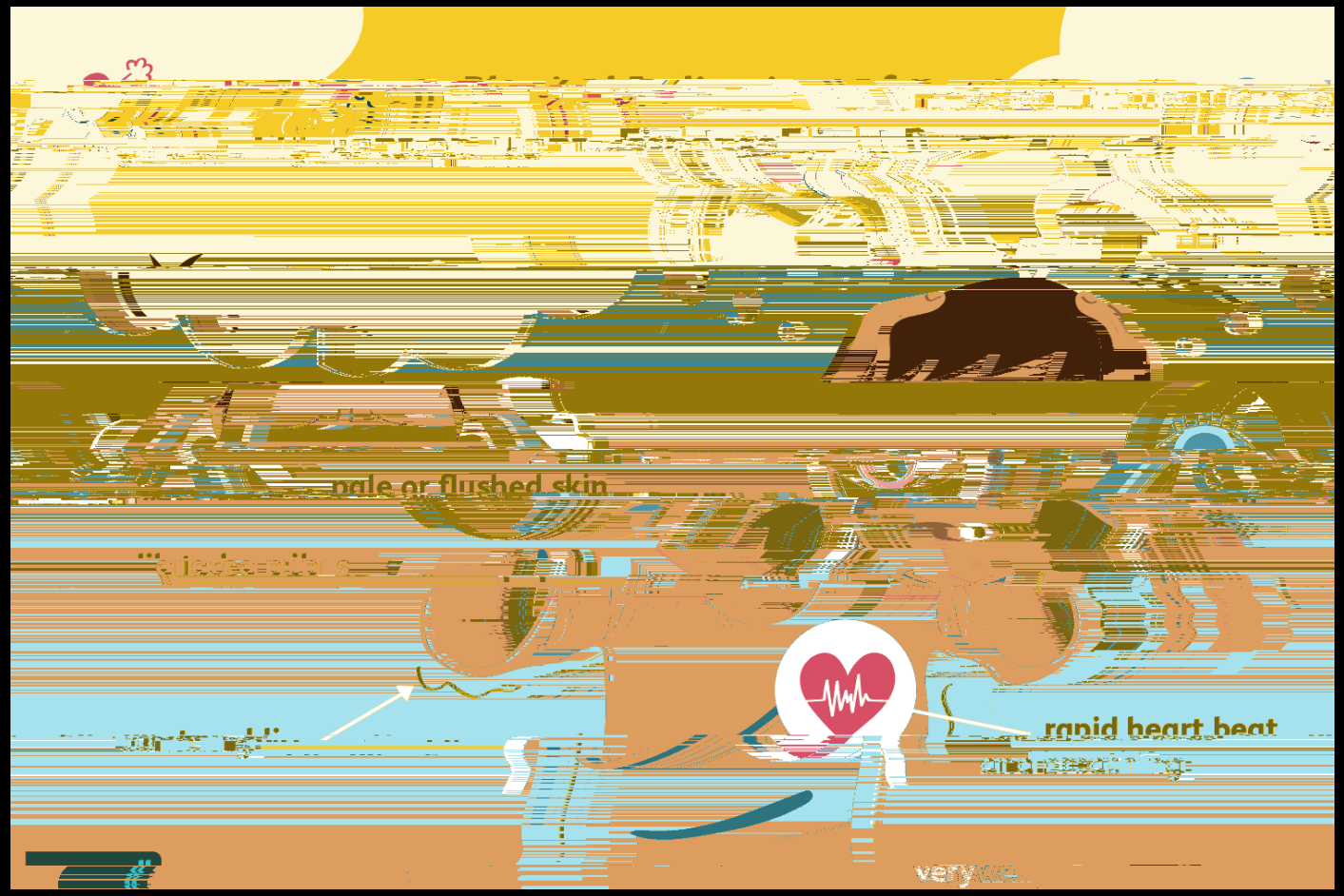


Image from https://www.verywellmind.com/what-is-the-fight-or-flight-response-2795194

% R [% U H D W K L Q J

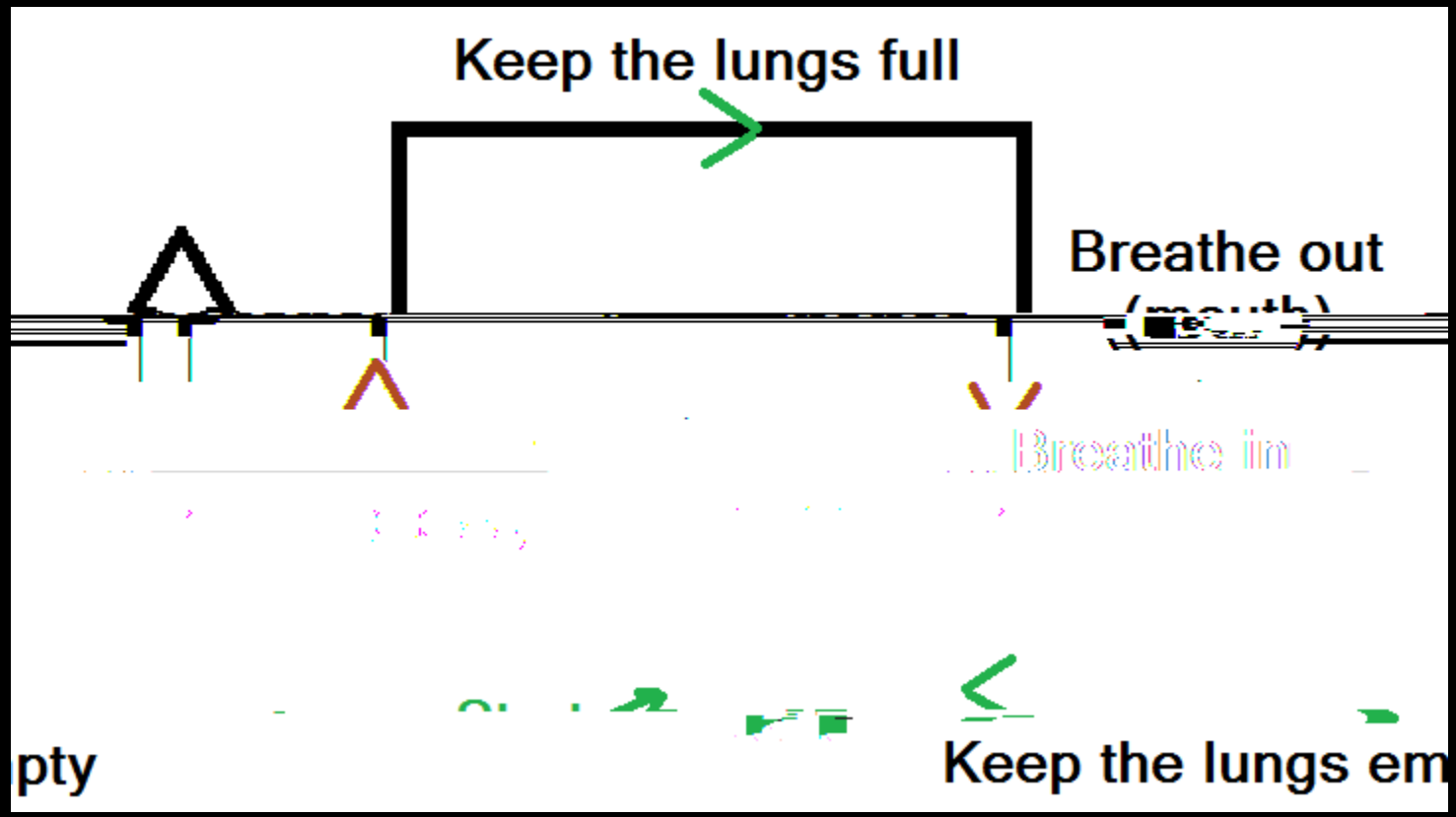


Image from https://9to5strength.com/box-breathing/

2YHUFRPLQJ)HDU RI 3XEOLF 6SHD

Vicarious experiences

Image from https://www.bellperformance.com/blog/bid/112134/passion-motivation-and-action-things-we-can-all-use

Image from ted.com

Visualize success

https://cruciallearning.com/blog/overcoming-the-fear-of-public-speaking/

2YHUFRPLQJ)HDU RI 3XEOLF 6SHD

Image from https://www.pexels.com/photo/man-wearing-white-top-in-front-of-woman-wearing-blue-long-sleeved-top-W* n BT 0.369 g /GS1 gs /4T0 9 Tf -0.003 Tc 156. Q /P <</MCIDae W* n BT 0.369 g /GS1 gs /5Q /P <<86e< 156. Da

KWWSV FUXFLDOOHDUQLQJVHHRSHQHGXSRPLQJ

Delivery

3ODQQLQJ \RXU 3UHVHQWDWLRQ

2XWOLQH

- 0DLQ SRLQW

  - 6XSSRUWLQJ IRU PDLQ SRLQW

- &RQFOXVLRQ

Image from https://www.grammarly.com/blog/how-to-write-outline/

&RQWHQWURGXFWLRQ

Image from https://www.mills.ca/sharpie-highlighter-tank-chisel-marker-point-style-fluorescent-yellow-12-dozen--3

Main points

Image from https://uxdesign.cc/attention-attention-fe7f3e2e45d5

& R Q W ± H % Q R W G \

Image from https://www.istockphoto.com/search/2/image?mediatype=illustration&phrase=evidence

'H O L Y H U \

Image from https://www.entrepreneur.com/article/282524

Image from https://synapse.ucsf.edu/articles/2019/04/29/eye-contact-can-be-overwhelming

Image from https://www.youtube.com/watch?v=ZK3jSXYBNak

Image from https://godsofadvertising.wordpress.com/2013/05/20/is-thinking-out-loud-the-same-as-rambling-shut-up-and-listen/

Image from https://www.istockphoto.com/photos/practice

KWWSV \RXWX EH H

6FLHQWLILF 5HDVRQV :K\ <RXU 3RZHU3RLQW 3UHV DQG WKH 7LSV <RX 1HHG WR)L[,W

Image from https://www.themobilepresenter.com/article.php/bullet-points

3RZHU3RLQWV

! WH[W

1 R WWHD N L Q J

1RW7HDNLQJ :K\"

- $FWLYH OLVWHQLQJ
- 5HWHQWLRQ
- 2UJDQL]DWLRQ
- 6WXG\ PDWHULDO

Image from https://creazilla.com/nodes/61102-notebook-clipart

1RW7HDNLQJ 7LSV

‡2UJDQL]DWLRQ

‡3DSHU YV GLJLWDO

‡/HDYH VSDFH IRU DGGLWLF

‡)XQFWLRQDOLW\ EHDXW\

Image from https://creazilla.com/nodes/59578-laptop-clipart

$EEUHYLDWLRQV

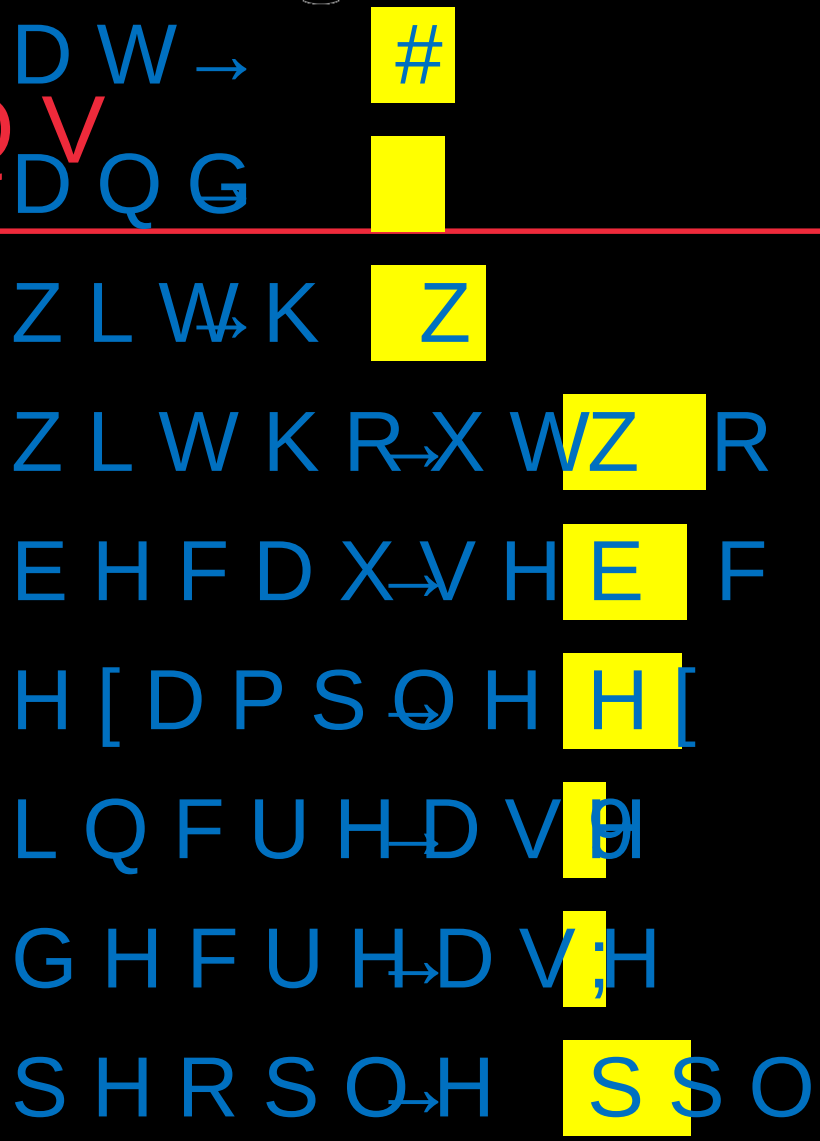


Image from https://ell.stackexchange.com/questions/20818/ambiguity-of-blank-paper-blank-lined-paper-and-lined-paper-which-is-not-b

(IIHFWLYHWDRWQJ

7KUHH VWHSV

2EVHUYLQJ

5HFRUGLQJ

5HYLHZLQJ

2EVHUYLQJ DRQRGN/LLQVJW HQLQJ

5HFRUGLQJ

XQGHUVWDQG

QHHG WR UHYLH

QHHG KHOS

Image from https://www.officedepot.com/a/products/708586/Sharpie-Accent-Highlighters-Assorted-Colors-Pack/fromLocalBrowse=false

&RUQHOO 0HWK

%HIRFUDVV

)RUPDW SDJH

‡ /HIW 4XHVWLRQV F

‡ 5LJKW 1RWHV

‡ %RWWRP 6XPPDU\

Cues & Questions

&RUQHOO 0HWK

'XULQJ 'VV

7DNH QRWHV

‡ 6KRUWKDQG

‡ /HDYH VSDFH

‡ $EEUHYLDWLRQV

Cues & Questions	Notes
	Topic: Penguins Description: ‡ Torpedo shaped ‡ Flightless ‡ Live in southern regions ‡ 19 species Size *Smallest* ‡ little blue ‡ 10 – 12 in. ‡ 2 – 3 lbs. *Largest* ‡ emperor ‡ 36-44 in. ‡ 60 – 90 lbs. Eat? ‡ Carnivores ‡ krill(tiny crustaceans), squid, fish Myths ‡ Antarctica ‡ cold climates Truth: ‡ in every continent in southern hemisphere ‡ Galapagos Penguins live on tropical islands near equator
Summary	

&RUQHOO 0HWK

$ I WFHQJD V V

$GG FXHV WKDW ZLO
QRWHV

$GG TXHVWLRQV

Cues & Questions	Notes
Description Habitat	Topic: Penguins ‡ Torpedo shaped ‡ Flightless ‡ Live in southern regions ‡ 19 species
Size	*Smallest* ‡ little blue ‡ 10 – 12 in. ‡ 2 – 3 lbs. *Largest* ‡ emperor ‡ 36-44 in. ‡ 60 – 90 lbs.
Eat	‡ Carnivores ‡ krill(tiny crustaceans), squid, fish
Myths Facts	Myths ‡ Antarctica ‡ cold climates Truth: ‡ in every continent in southern hemisphere ‡ Galapagos Penguins live on tropical islands near equator
Summary	

2XWOLQLQJ

Image from https://medium.goodnotes.com/how-the-outline-note-taking-method-works-f0808ea2cbfa

3HQJXLQV

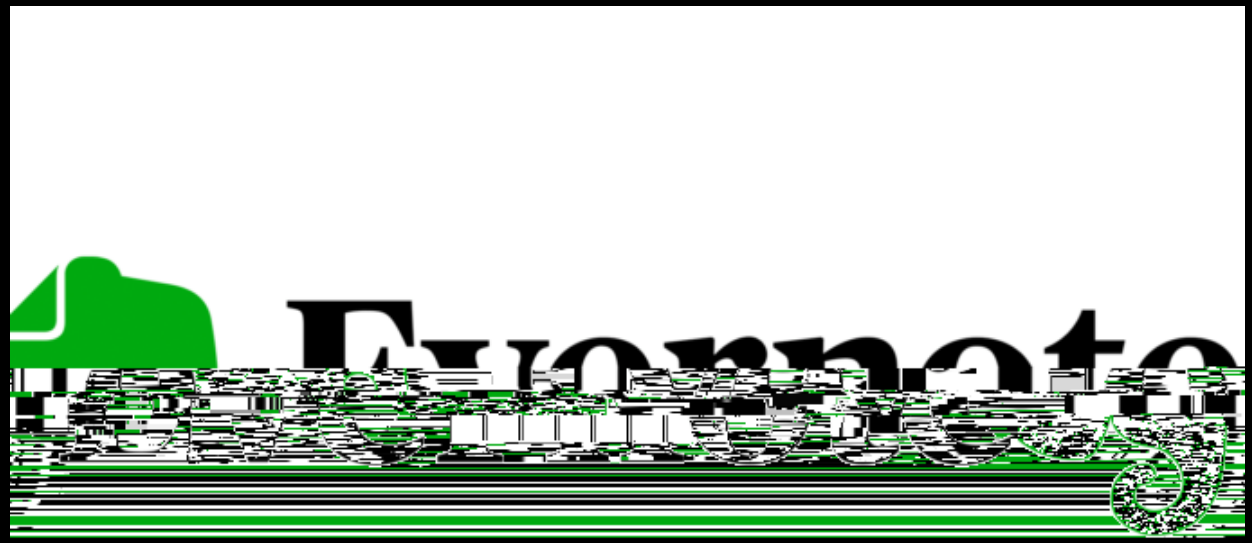
‡ 6L]H

‡ 6PDOOHVW %OXH L]H

0LQG 0DSSLQJ

6DPSOH 0LQG 0DS

2QOLQH WUDLQLQJ



5HYLHZLQJ

:LWKLQ KRXUV«

‡3RVWDVV HGLW

‡)LOO LQ EODQNV

‡6HW VWXG\ JRDOV

:HHNO\ VWXG\ UHYLHZV

5HVRXUFHV

$FDGHPLF DQG &DUHHU 6HUYLFHV

DGYLVLQJ#XZLQQLSHJ FD

$FFHVVLELOLW\ 6HUYLFHV

DFFHVVLELOLW\#XZLQQLSHJ FD

6WXGHQW :HOOQHVV &HQWUH

VWXGHQWZHOOQHVV#XZLQQLSHJ FD